CSD EMPLOYEE: I think I have been exposed to COVID-19, what should I do?

CANYONS SCHOOL DISTRICT

I live with or am caring for someone with COVID-19.

OR

Someone that has COVID-19 coughed or sneezed on me.

I was exposed to an individual who has tested positive for COVID-19.

During that activity:
• I was within six feet of other individuals
• I sustained interaction of 15 minutes or more with the other individual.
• I was not wearing a face covering.

Yes to all three

No to any of the three

I think someone I know (e.g. a coworker) has COVID-19.

You should self-quarantine and monitor yourself for symptoms.

You do not need to self-quarantine, but it is a good idea to monitor yourself for symptoms.

Are you currently experiencing or have recently experienced symptoms of COVID-19 (see chart below)?

YES

NO

Are you having severe symptoms like difficulty breathing, persistent pain or pressure in the chest?
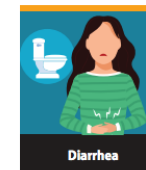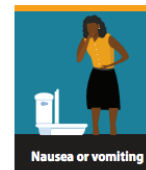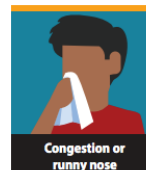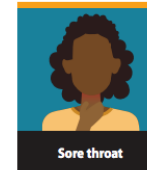
Continue to monitor yourself for symptoms.

YES

NO

Seek immediate medical attention.

Contact your health care provider to discuss your symptoms.

Your health care provider may order COVID testing for you. If you receive a positive result, please contact XXX-XXXX or @canyonsdistrict.org

Patients with COVID-19 may have these symptoms:
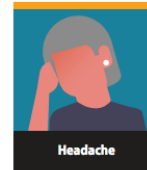
Fever or Chills	Cough	Shortness of breath or difficulty breathing	Fatigue
Muscle or body aches	Headache	New loss of taste or smell	Sore throat
Congestion or runny nose	Nausea or vomiting	Diarrhea	
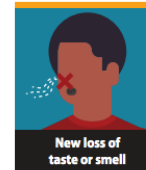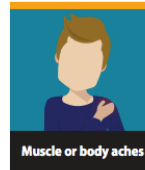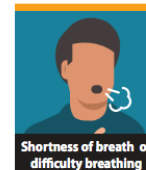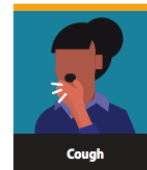
Confirmed Student Case of COVID-19, what should I do?

CANYONS SCHOOL DISTRICT

Notify Sally Goodger, Nurse Specialist
801-493-9105 or sally.goodger@canyonsdistrict.org

Sally will coordinate with each School Nurse and Principal to identify individuals who were in *close contact* with confirmed individual

Sally communicates with Health Department to determine and communicate quarantine and self isolation requirements

Front Office –
- Quarantine student in health room until parent/guardian arrives
  - Document on health room log
- Sends letter from health department home with student.
- Mark attendance with "N - HH" for duration of absence
- Inform teacher and service providers

Individuals in close contact (Individuals within six feet, with sustained interaction of 15 minutes or more). Cloth face coverings are a mitigating factor and each scenario will be discussed with the health department. Health Department and School Nurse will notify individuals needing to quarantine or self isolate and will communicate this to students and families.

Teachers –
- Provides education through digital teaching and learning framework.

Service Providers – (as needed)
- Ensure all IEP, ELL & 504 requirements are met

Students –
- Follow Health Department Guidelines
  - May not be physically on campus for duration of designated timeframe
- Engage in learning through digital platform
  - Attendance will be marked for participation during designated timeframe

Disclaimer –
- Any information from the health department regarding whole class or school closures will be communicated immediately to the school board
- Flow chart is based on current information as of 7.27.2020 and subject to change based on new information from Health Department or Governor
- Every precaution should be taken to protect privacy rights of individuals testing positive for COVID-19

COVID-19: Quarantine vs. Isolation

QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.

ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

If you had close contact with a person who has COVID-19

- Stay home until 14 days after your last contact.

- Check your temperature twice a day and watch for symptoms of COVID-19.

- If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.

If you are sick and think or know you have COVID-19

- Stay home until after
    - 3 days with no fever and
    - Symptoms improved and
    - 10 days since symptoms first appeared

If you tested positive for COVID-19 but do not have symptoms

- Stay home until after
    - 10 days have passed since your positive test.

If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.

cdc.gov/coronavirus